

AutoDownload from SPORTident																												
Results for NATO Junior Home International Relays on 09-Oct-2016																												
Split times for JHI - Men_1AAAA																												
4.45km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (107)	5 (106)	6 (136)	7 (109)	8 (110)	9 (113)	10 (114)	11 (115)	12 (113)	13 (117)	14 (119)	15 (113)	16 (124)	17 (125)	18 (126)	19 (127)	20 (130)	21 (131)	22 (132)	(F1)	
1st	Zac Hudd England	ENG	29:05	0:00 0:00	1:02 (1st) 1:02 (1st)	2:37 (1st) 1:35 (1st)	3:00 (1st) 0:23 (1st=)	5:41 (1st) 2:41 (1st)	7:51 (1st) 2:10 (1st)	8:46 (1st) 0:55 (1st)	9:54 (1st) 1:08 (1st)	11:58 (1st) 2:04 (1st)	14:35 (1st) 2:37 (1st)	16:01 (1st) 1:26 (2nd)	16:55 (1st) 0:54 (1st)	17:35 (1st) 0:40 (1st)	19:50 (1st) 2:15 (1st)	20:27 (1st) 0:37 (1st)	22:31 (1st) 2:04 (1st)	24:57 (1st) 2:26 (1st)	25:19 (1st) 0:22 (1st)	25:44 (1st) 0:25 (1st)	26:29 (1st) 0:45 (1st)	27:00 (1st) 0:31 (1st)	27:28 (1st) 0:28 (1st)	28:22 (1st) 0:54 (1st)	29:05 (1st) 0:43 (1st=)	
2nd	Andrew Elwood Ireland	IRE	37:52	0:00 0:00	1:10 (2nd) 1:10 (2nd)	3:24 (2nd) 2:14 (2nd)	3:47 (2nd) 0:23 (1st=)	6:46 (2nd) 2:59 (2nd)	10:23 (2nd) 3:37 (2nd)	11:24 (2nd) 1:01 (2nd)	12:51 (2nd) 1:27 (2nd)	15:28 (2nd) 2:37 (2nd)	18:19 (2nd) 2:51 (2nd)	19:40 (2nd) 1:21 (1st)	20:41 (2nd) 1:01 (2nd)	21:32 (2nd) 0:51 (2nd)	24:24 (2nd) 2:52 (2nd)	25:12 (2nd) 0:48 (2nd)	28:24 (2nd) 3:12 (2nd)	32:00 (2nd) 3:36 (2nd)	32:31 (2nd) 0:31 (2nd)	33:05 (2nd) 0:34 (2nd)	34:03 (2nd) 0:58 (2nd)	34:54 (2nd) 0:51 (2nd)	35:32 (2nd) 0:38 (2nd)	37:09 (2nd) 1:37 (2nd)	37:52 (2nd) 0:43 (1st=)	
Split times for JHI - Men_1AAAB																												
4.52km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (107)	5 (106)	6 (136)	7 (109)	8 (110)	9 (113)	10 (114)	11 (115)	12 (113)	13 (117)	14 (119)	15 (113)	16 (124)	17 (125)	18 (126)	19 (128)	20 (129)	21 (131)	22 (132)	(F1)	
1st	Alastair Thomas England	ENG	26:44	0:00 0:00	1:06 (1st) 1:06 (1st)	2:17 (1st) 1:11 (1st)	2:53 (1st) 0:36 (1st)	4:22 (1st) 1:29 (1st)	6:25 (1st) 2:03 (1st)	7:11 (1st) 0:46 (1st)	8:15 (1st) 1:04 (1st)	10:10 (1st) 1:55 (1st)	12:25 (1st) 2:15 (1st)	13:39 (1st) 1:14 (1st)	14:19 (1st) 0:40 (1st)	14:58 (1st) 0:39 (1st)	17:07 (1st) 2:09 (1st)	17:42 (1st) 0:35 (1st)	19:41 (1st) 1:59 (1st)	22:03 (1st) 2:22 (1st)	22:24 (1st) 0:21 (1st)	22:49 (1st) 0:25 (1st)	23:53 (1st) 1:04 (1st)	24:49 (1st) 0:56 (1st)	25:17 (1st) 0:28 (1st)	26:01 (1st) 0:44 (1st)	26:44 (1st) 0:43 (1st)	
Split times for JHI - Men_1AABA																												
4.45km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (107)	5 (106)	6 (136)	7 (109)	8 (110)	9 (113)	10 (117)	11 (119)	12 (113)	13 (114)	14 (115)	15 (113)	16 (124)	17 (125)	18 (126)	19 (127)	20 (130)	21 (131)	22 (132)	(F1)	
1st	Harry Scott England	ENG	29:37	0:00 0:00	1:09 (1st) 1:09 (1st)	2:38 (1st) 1:29 (1st)	3:21 (1st) 0:43 (1st)	5:27 (1st) 2:06 (1st)	7:48 (1st) 2:21 (1st)	8:40 (1st) 0:52 (1st)	9:51 (1st) 1:11 (1st)	12:07 (1st) 2:16 (1st)	14:46 (1st) 2:39 (1st)	17:15 (1st) 2:29 (1st)	17:50 (1st) 0:35 (1st)	20:03 (1st) 2:13 (1st)	21:26 (1st) 1:23 (1st)	22:11 (1st) 0:45 (1st)	22:48 (1st) 0:37 (1st)	25:37 (1st) 2:49 (1st)	25:57 (1st) 0:20 (1st)	26:23 (1st) 0:26 (1st)	27:11 (1st) 0:48 (1st)	27:45 (1st) 0:34 (1st)	28:19 (1st) 0:34 (1st)	29:02 (1st) 0:43 (1st)	29:37 (1st) 0:35 (1st)	
Split times for JHI - Men_1ABAC																												
4.53km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (105)	5 (107)	6 (106)	7 (136)	8 (109)	9 (110)	10 (113)	11 (114)	12 (115)	13 (113)	14 (117)	15 (119)	16 (113)	17 (124)	18 (125)	19 (126)	20 (127)	21 (129)	22 (131)	23 (132)	(F1)
1st	Dan McDonnell Ireland	IRE	53:52	0:00 0:00	7:53 (1st) 7:53 (1st)	10:17 (1st) 2:24 (1st)	10:53 (1st) 0:36 (1st)	15:16 (1st) 4:23 (1st)	16:16 (1st) 1:00 (1st)	19:46 (1st) 3:30 (1st)	21:04 (1st) 1:18 (1st)	22:52 (1st) 1:48 (1st)	25:55 (1st) 3:03 (1st)	29:20 (1st) 3:25 (1st)	30:46 (1st) 1:26 (1st)	31:54 (1st) 1:08 (1st)	32:44 (1st) 0:50 (1st)	36:14 (1st) 3:30 (1st)	40:04 (1st) 3:50 (1st)	43:40 (1st) 3:36 (1st)	47:39 (1st) 3:59 (1st)	48:38 (1st) 0:59 (1st)	49:16 (1st) 0:38 (1st)	50:12 (1st) 0:56 (1st)	51:39 (1st) 1:27 (1st)	52:23 (1st) 0:44 (1st)	53:05 (1st) 0:42 (1st)	53:52 (1st) 0:47 (1st)
Split times for JHI - Men_1ABBB																												
4.54km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (105)	5 (107)	6 (106)	7 (136)	8 (109)	9 (110)	10 (113)	11 (117)	12 (119)	13 (113)	14 (114)	15 (115)	16 (113)	17 (124)	18 (125)	19 (126)	20 (128)	21 (129)	22 (131)	23 (132)	(F1)
1st	Alisdair Lilley Scotland	SCO	42:51	0:00 0:00	1:08 (1st=) 1:08 (1st=)	3:13 (2nd) 2:05 (2nd)	3:42 (2nd) 0:29 (1st)	5:49 (2nd) 2:07 (2nd)	6:29 (2nd) 0:40 (2nd)	9:41 (2nd) 3:12 (2nd)	11:14 (2nd) 1:33 (2nd)	12:48 (2nd) 1:34 (2nd)	15:18 (2nd) 2:30 (2nd)	18:12 (2nd) 2:54 (1st)	25:07 (2nd) 6:55 (2nd)	25:50 (2nd) 0:43 (2nd)	28:21 (2nd) 2:31 (1st)	29:55 (2nd) 1:34 (1st)	30:50 (2nd) 0:55 (2nd)	31:39 (2nd) 0:49 (2nd)	34:55 (2nd) 3:16 (2nd)	35:24 (2nd) 0:29 (2nd)	36:04 (2nd) 0:40 (2nd)	38:38 (1st) 2:34 (1st)	40:03 (1st) 1:25 (1st)	41:10 (1st) 1:07 (2nd)	42:10 (1st) 1:00 (2nd)	42:51 (1st) 0:41 (2nd)
w20	Quinlan Silk Wales	WAL	36:14	0:00 0:00	1:08 (1st=) 1:08 (1st=)	2:28 (1st) 1:20 (1st)	2:58 (1st) 0:30 (2nd)	4:50 (1st) 1:52 (1st)	5:23 (1st) 0:33 (1st)	8:06 (1st) 2:43 (1st)	9:16 (1st) 1:10 (1st)	10:35 (1st) 1:19 (1st)	13:03 (1st) 2:28 (1st)	16:12 (1st) 3:09 (2nd)	20:55 (1st) 4:43 (1st)	21:34 (1st) 0:39 (1st)	24:34 (1st) 3:00 (2nd)	26:10 (1st) 1:36 (2nd)	26:57 (1st) 0:47 (1st)	27:38 (1st) 0:41 (1st)	30:33 (1st) 2:55 (1st)	30:56 (1st) 0:23 (1st)	31:23 (1st) 0:27 (1st)	----- -----	34:00 -----	34:52 0:52 (1st)	35:41 0:49 (1st)	36:14 0:33 (1st)
Split times for JHI - Men_1BABC																												
4.43km 90m																												
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (107)	5 (106)	6 (136)	7 (109)	8 (110)	9 (113)	10 (117)	11 (119)	12 (113)	13 (114)	14 (115)	15 (113)	16 (124)	17 (125)	18 (126)	19 (127)	20 (129)	21 (131)	22 (132)	(F1)	
1st	Joe Wright Scotland	SCO	28:05	0:00 0:00	1:15 (1st) 1:15 (1st)	2:08 (1st) 0:53 (1st)	2:32 (1st) 0:24 (1st)	4:23 (1st) 1:51 (1st)	6:33 (1st) 2:10 (1st)	7:29 (1st) 0:56 (1st)	8:32 (1st) 1:03 (1st)	10:30 (1st) 1:58 (1st)	12:53 (1st) 2:23 (1st)	15:47 (1st) 2:54 (1st)	16:22 (1st) 0:35 (1st)	18:29 (1st) 2:07 (1st)	19:43 (1st) 1:14 (1st)	20:18 (1st) 0:35 (1st)	20:57 (1st) 0:39 (1st)	23:29 (1st) 2:32 (1st)	24:00 (1st) 0:31 (1st)	24:24 (1st) 0:24 (1st)	25:10 (1st) 0:46 (1st)	26:09 (1st) 0:59 (1st)	26:42 (1st) 0:33 (1st)	27:30 (1st) 0:48 (1st)	28:05 (1st) 0:35 (1st)	
Split times for JHI - Men_1BBBA																												
4.37km 90m																												
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (105)	5 (107)	6 (106)	7 (136)	8 (109)	9 (110)	10 (113)	11 (117)	12 (119)	13 (113)	14 (114)	15 (115)	16 (113)	17 (124)	18 (125)	19 (126)	20 (127)	21 (130)	22 (131)	23 (132)	(F1)
1st	Will Thomas Wales	WAL	34:20	0:00 0:00	1:47 (1st) 1:47 (1st)	2:47 (1st) 1:00 (1st)	3:22 (1st) 0:35 (1st)	5:00 (1st) 1:38 (1st)	5:30 (1st) 0:30 (1st)	7:54 (1st) 2:24 (1st)	8:51 (1st) 0:57 (1st)	10:06 (1st) 1:15 (1st)	12:22 (1st) 2:16 (1st)	15:07 (1st) 2:45 (1st)	19:05 (1st) 3:58 (1st)	19:41 (1st) 0:36 (1st)	22:34 (1st) 2:53 (1st)	24:19 (1st) 1:45 (1st)	25:17 (1st) 0:58 (1st)	25:58 (1st) 0:41 (1st)	28:52 (1st) 2:54 (1st)	29:20 (1st) 0:28 (1st)	29:51 (1st) 0:31 (1st)	30:48 (1st) 0:57 (1st)	31:27 (1st) 0:39 (1st)	32:23 (1st) 0:56 (1st)	33:25 (1st) 1:02 (1st)	34:20 (1st) 0:55 (1st)
Split times for JHI - Men_1BBBB																												
4.45km 90m																												
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (105)	5 (107)	6 (106)	7 (136)	8 (109)	9 (110)	10 (113)	11 (117)	12 (119)	13 (113)	14 (114)	15 (115)	16 (113)	17 (124)	18 (125)	19 (126)	20 (128)	21 (129)	22 (131)	23 (132)	(F1)
1st	Aidan McCullough Ireland	IRE	35:41	0:00 0:00	1:16 (1st) 1:16 (1st)	2:15 (1st) 0:59 (1st)	2:38 (1st) 0:23 (1st)	4:39 (1st) 2:01 (1st)	5:21 (1st) 0:42 (1st)	7:47 (1st) 2:26 (1st)	8:50 (1st) 1:03 (1st)	10:15 (1st) 1:25 (1st)	12:34 (1st) 2:19 (1st)	15:37 (1st) 3:03 (1st)	18:35 (1st) 2:58 (1st)	19:23 (1st) 0:48 (1st)	22:33 (1st) 3:10 (1st)	24:43 (1st) 2:10 (1st)	25:21 (1st) 0:38 (1st)	26:02 (1st) 0:41 (1st)	29:33 (1st) 3:31 (1st)	30:05 (1st) 0:32 (1st)	30:35 (1st) 0:30 (1st)	32:00 (1st) 1:25 (1st)	33:33 (1st) 1:33 (1st)	34:08 (1st) 0:35 (1st)	35:06 (1st) 0:58 (1st)	35:41 (1st) 0:35 (1st)
Split times for JHI - Men_1CABA																												
4.39km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (107)	5 (106)	6 (136)	7 (109)	8 (110)	9 (113)	10 (117)	11 (119)	12 (113)	13 (114)	14 (115)	15 (113)	16 (124)	17 (125)	18 (126)	19 (127)	20 (130)	21 (131)	22 (132)	(F1)	
1st	Eoin Riordan Ireland	IRE	35:35	0:00 0:00	1:13 (1st) 1:13 (1st)	1:57 (1st) 0:44 (1st)	3:29 (1st) 1:32 (1st)	6:18 (1st) 2:49 (1st)	9:45 (1st) 3:27 (1st)	11:02 (1st) 1:17 (1st)	12:21 (1st) 1:19 (1st)	14:58 (1st) 2:37 (1st)	17:51 (1st) 2:53 (1st)	20:42 (1st) 2:51 (1st)	21:23 (1st) 0:41 (1st)	24:29 (1st) 3:06 (1st)	25:54 (1st) 1:25 (1st)	26:45 (1st) 0:51 (1st)	27:26 (1st) 0:41 (1st)	30:12 (1st) 2:46 (1st)	30:35 (1st) 0:23 (1st)	31:06 (1st) 0:31 (1st)	32:38 (1st) 1:32 (1st)	33:29 (1st) 0:51 (1st)	34:04 (1st) 0:35 (1st)	35:02 (1st) 0:58 (1st)	35:35 (1st) 0:33 (1st)	

Split times for JHI - Men\_1CABC

4.46km 90m																											
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (107)	5 (106)	6 (136)	7 (109)	8 (110)	9 (113)	10 (117)	11 (119)	12 (113)	13 (114)	14 (115)	15 (113)	16 (124)	17 (125)	18 (126)	19 (127)	20 (129)	21 (131)	22 (132)	(F1)
1st	Tom Wood Wales	WAL	32:37	0:00 0:00	1:07 (1st) 1:07 (1st)	1:49 (1st) 0:42 (1st)	2:57 (1st) 1:08 (1st)	5:24 (1st) 2:27 (1st)	7:49 (1st) 2:25 (1st)	8:47 (1st) 0:58 (1st)	10:01 (1st) 1:14 (1st)	12:17 (1st) 2:16 (1st)	15:11 (1st) 2:54 (1st)	18:11 (1st) 3:00 (1st)	18:46 (1st) 0:35 (1st)	21:37 (1st) 2:51 (1st)	23:06 (1st) 1:29 (1st)	23:56 (1st) 0:50 (1st)	24:39 (1st) 0:43 (1st)	27:40 (1st) 3:01 (1st)	28:03 (1st) 0:23 (1st)	28:32 (1st) 0:29 (1st)	29:34 (1st) 1:02 (1st)	30:44 (1st) 1:10 (1st)	31:19 (1st) 0:35 (1st)	32:00 (1st) 0:41 (1st)	32:37 (1st) 0:37 (1st)

Split times for JHI - Men\_1CBAA

4.4km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (107)	6 (106)	7 (136)	8 (109)	9 (110)	10 (113)	11 (114)	12 (115)	13 (113)	14 (117)	15 (119)	16 (113)	17 (124)	18 (125)	19 (126)	20 (127)	21 (130)	22 (131)	23 (132)	(F1)
1st	Jake Chapman	SCO	31:27	0:00	1:05 (1st)	1:44 (1st)	3:19 (1st)	4:55 (1st)	5:25 (1st)	7:52 (1st)	8:48 (1st)	10:00 (1st)	12:12 (1st)	15:00 (1st)	16:18 (1st)	17:14 (1st)	17:54 (1st)	21:08 (1st)	21:43 (1st)	23:46 (1st)	26:35 (1st)	26:59 (1st)	27:23 (1st)	28:16 (1st)	28:55 (1st)	29:31 (1st)	30:22 (1st)	31:27 (1st)
	Scotland			0:00	1:05 (1st)	0:39 (1st)	1:35 (1st)	1:36 (1st)	0:30 (1st)	2:27 (1st)	0:56 (1st)	1:12 (1st)	2:12 (1st)	2:48 (1st)	1:18 (1st)	0:56 (1st)	0:40 (1st)	3:14 (1st)	0:35 (1st)	2:03 (1st)	2:49 (1st)	0:24 (1st)	0:24 (1st)	0:53 (1st)	0:39 (1st)	0:36 (1st)	0:51 (1st)	1:05 (1st)

Split times for JHI - Men\_1CBAC

4.48km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (107)	6 (106)	7 (136)	8 (109)	9 (110)	10 (113)	11 (114)	12 (115)	13 (113)	14 (117)	15 (119)	16 (113)	17 (124)	18 (125)	19 (126)	20 (127)	21 (129)	22 (131)	23 (132)	(F1)
1st	Daniel Spencer	ENG	29:29	0:00	1:03 (1st)	1:47 (1st)	2:46 (1st)	4:17 (1st)	4:55 (1st)	6:55 (1st)	8:24 (1st)	9:28 (1st)	11:21 (1st)	13:34 (1st)	14:40 (1st)	15:27 (1st)	16:02 (1st)	18:06 (1st)	18:38 (1st)	21:53 (1st)	24:48 (1st)	25:11 (1st)	25:35 (1st)	26:21 (1st)	27:26 (1st)	27:54 (1st)	28:32 (1st)	29:29 (1st)
	England			0:00	1:03 (1st)	0:44 (1st)	0:59 (1st)	1:31 (1st)	0:38 (1st)	2:00 (1st)	1:29 (1st)	1:04 (1st)	1:53 (1st)	2:13 (1st)	1:06 (1st)	0:47 (1st)	0:35 (1st)	2:04 (1st)	0:32 (1st)	3:15 (1st)	2:55 (1st)	0:23 (1st)	0:24 (1st)	0:46 (1st)	1:05 (1st)	0:28 (1st)	0:38 (1st)	0:57 (1st)

Split times for JHI - Men\_1CBBC

4.48km 90m																													
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (107)	6 (106)	7 (136)	8 (109)	9 (110)	10 (113)	11 (117)	12 (119)	13 (113)	14 (114)	15 (115)	16 (113)	17 (124)	18 (125)	19 (126)	20 (127)	21 (129)	22 (131)	23 (132)	(F1)	
1st	Alistair Chapman	SCO	32:35	0:00	1:02 (1st)	1:42 (1st)	3:01 (1st)	4:36 (1st)	5:09 (1st)	7:26 (1st)	8:29 (1st)	9:44 (1st)	12:11 (1st)	14:56 (1st)	18:53 (1st)	19:30 (1st)	22:08 (1st)	23:37 (1st)	24:29 (1st)	25:10 (1st)	27:41 (1st)	28:05 (1st)	28:31 (1st)	29:32 (1st)	30:47 (1st)	31:16 (1st)	31:58 (1st)	32:35 (1st)	
	Scotland			0:00	1:02 (1st)	0:40 (1st)	1:19 (1st)	1:35 (1st)	0:33 (1st)	2:17 (1st)	1:03 (1st)	1:15 (1st)	2:27 (1st)	2:45 (1st)	3:57 (2nd)	0:37 (1st)	2:38 (1st)	1:29 (1st)	0:52 (1st)	0:41 (1st)	2:31 (1st)	0:24 (1st)	0:26 (1st)	1:01 (1st)	1:15 (1st)	0:29 (1st)	0:42 (1st)	0:37 (1st)	
2nd	Joseph Metcalfe	WAL	43:36	0:00	1:14 (2nd)	2:03 (2nd)	3:32 (2nd)	6:03 (2nd)	7:00 (2nd)	11:25 (2nd)	12:38 (2nd)	14:16 (2nd)	17:03 (2nd)	20:54 (2nd)	24:31 (2nd)	25:15 (2nd)	28:23 (2nd)	30:07 (2nd)	31:20 (2nd)	32:13 (2nd)	36:59 (2nd)	37:44 (2nd)	38:22 (2nd)	39:35 (2nd)	41:00 (2nd)	41:53 (2nd)	42:47 (2nd)	43:36 (2nd)	
	Wales			0:00	1:14 (2nd)	0:49 (2nd)	1:29 (2nd)	2:31 (2nd)	0:57 (2nd)	4:25 (2nd)	1:13 (2nd)	1:38 (2nd)	2:47 (2nd)	3:51 (2nd)	3:37 (1st)	0:44 (2nd)	3:08 (2nd)	1:44 (2nd)	1:13 (2nd)	0:53 (2nd)	4:46 (2nd)	0:45 (2nd)	0:38 (2nd)	1:13 (2nd)	1:25 (2nd)	0:53 (2nd)	0:54 (2nd)	0:49 (2nd)	

Split times for JHI - Men\_2AA

3.64km 90m																												
Pos	Name	Club	Time	(S1)		1 (101)	2 (103)	3 (104)	4 (105)		5 (106)	6 (109)	7 (110)	8 (118)		9 (114)	10 (122)	11 (125)	12 (126)		13 (127)	14 (130)	15 (131)	16 (132)	(F1)			
1st	Daniel Campbell	SCO		0:00	1:03 (1st)	2:35 (1st)	3:03 (1st)	4:48 (1st)	7:48 (1st)	9:30 (1st)	11:41 (1st)	15:13 (1st)	16:33 (1st)	18:50 (1st)	19:24 (1st)	19:52 (1st)	20:48 (1st)	21:24 (1st)	22:00 (1st)	22:48 (1st)	23:35 (1st)							
	Scotland		23:35	0:00	1:03 (1st)	1:32 (1st)	0:28 (1st)	1:45 (1st)	3:00 (1st)	1:42 (1st)	2:11 (1st)	3:32 (1st)	1:20 (1st)	2:17 (1st)	0:34 (1st)	0:28 (1st)	0:56 (1st)	0:36 (1st)	0:36 (1st)	0:48 (1st)	0:47 (1st)							

Split times for JHI - Men\_2AB

3.72km 90m																											
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (105)	5 (106)	6 (109)	7 (110)	8 (118)	9 (114)	10 (122)	11 (125)	12 (126)	13 (128)	14 (129)	15 (131)	16 (132)	(F1)						
1st	Flany Grierson England	ENG	24:21	0:00	0:37 (1st)	2:17 (1st)	2:56 (1st)	5:20 (2nd)	8:05 (2nd)	9:55 (2nd)	12:02 (2nd)	15:33 (2nd)	16:50 (2nd)	19:11 (2nd)	19:45 (2nd)	20:08 (2nd)	21:28 (1st)	22:27 (1st)	22:59 (1st)	23:37 (1st)	24:21 (1st)						
				0:00	0:37 (1st)	1:40 (2nd)	0:39 (2nd)	2:24 (2nd)	2:45 (1st)	1:50 (2nd)	2:07 (1st)	3:31 (2nd)	1:17 (2nd)	2:21 (2nd)	0:34 (1st)	0:23 (1st)	1:20 (1st)	0:59 (1st)	0:32 (1st)	0:38 (1st)	0:44 (2nd)						
m13-14	Oscar Healey Wales	WAL	23:23	0:00	1:03 (2nd)	2:35 (2nd)	3:00 (2nd)	4:48 (1st)	7:57 (1st)	9:35 (1st)	11:44 (1st)	15:14 (1st)	16:29 (1st)	18:46 (1st)	19:26 (1st)	19:52 (1st)	-----	-----	22:00	22:45	23:23						
				0:00	1:03 (2nd)	1:32 (1st)	0:25 (1st)	1:48 (1st)	3:09 (2nd)	1:38 (1st)	2:09 (2nd)	3:30 (1st)	2:17 (1st)	0:40 (2nd)	0:26 (2nd)	-----	-----	-----	0:45 (2nd)	0:38 (1st)							

Split times for JHI - Men\_2AC

3.72km 90m																										
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (105)	5 (106)	6 (109)	7 (110)	8 (118)	9 (114)	10 (122)	11 (125)	12 (126)	13 (127)	14 (129)	15 (131)	16 (132)	(F1)					
1st	Peter Reed	IRE	30:31	0:00	1:35 (2nd)	3:26 (1st)	4:35 (2nd)	7:07 (2nd)	10:30 (2nd)	12:53 (2nd)	15:30 (2nd)	19:49 (2nd)	21:25 (2nd)	24:10 (2nd)	24:53 (1st)	25:26 (1st)	26:27 (1st)	28:09 (1st)	28:54 (2nd)	29:59 (1st)	30:31 (1st)					
	Ireland			0:00	1:35 (2nd)	1:51 (1st)	1:09 (2nd)	2:32 (2nd)	3:23 (1st)	2:23 (2nd)	2:37 (2nd)	4:19 (1st)	1:36 (2nd)	2:45 (2nd)	0:43 (1st)	0:33 (2nd)	1:01 (1st)	1:42 (2nd)	0:45 (2nd)	1:05 (1st)	0:32 (1st)					
2nd	Harry Thomas	WAL	31:56	0:00	1:11 (1st)	3:59 (2nd)	4:29 (1st)	6:32 (1st)	10:19 (1st)	12:27 (1st)	15:02 (1st)	19:31 (1st)	21:03 (1st)	23:46 (1st)	25:10 (2nd)	25:38 (2nd)	26:43 (2nd)	28:17 (2nd)	28:53 (1st)	31:16 (2nd)	31:56 (2nd)					
	Wales			0:00	1:11 (1st)	2:48 (2nd)	0:30 (1st)	2:03 (1st)	3:47 (2nd)	2:08 (1st)	2:35 (1st)	4:29 (2nd)	1:32 (1st)	2:43 (1st)	1:24 (2nd)	0:28 (1st)	1:05 (2nd)	1:34 (1st)	0:36 (1st)	2:23 (2nd)	0:40 (2nd)					

Split times for JHI - Men\_2BA

3.55km 90m																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
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Split times for JHI - Men\_2BB

3.63km 90m																											
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (105)	5 (106)	6 (109)	7 (110)	8 (118)	9 (114)	10 (122)	11 (125)	12 (126)	13 (128)	14 (129)	15 (131)	16 (132)	(F1)						
1st	Eoghan Whelan Ireland	IRE	31:59	0:00 0:00	1:22 (2nd) 1:22 (2nd)	2:35 (2nd) 1:13 (1st)	3:06 (1st) 0:31 (1st)	5:18 (2nd) 2:12 (2nd)	9:38 (2nd) 4:20 (2nd)	12:03 (2nd) 2:25 (2nd)	14:52 (1st) 2:49 (1st)	19:41 (2nd) 4:49 (2nd)	21:17 (2nd) 1:36 (1st)	24:15 (1st) 2:58 (1st)	24:56 (1st) 0:41 (1st)	25:31 (1st) 0:35 (1st)	28:13 (2nd) 2:42 (2nd)	29:31 (2nd) 1:18 (1st)	30:10 (2nd) 0:39 (1st)	31:09 (1st) 0:59 (1st)	31:59 (1st) 0:50 (2nd)						
2nd	Freddie Habgood Wales	WAL	33:15	0:00 0:00	1:04 (1st) 1:04 (1st)	2:31 (1st) 1:27 (2nd)	3:07 (2nd) 0:36 (2nd)	5:07 (1st) 2:00 (1st)	9:26 (1st) 4:19 (1st)	11:50 (1st) 2:24 (1st)	14:58 (2nd) 3:08 (2nd)	19:19 (1st) 4:21 (1st)	21:04 (1st) 1:45 (2nd)	24:28 (2nd) 3:24 (2nd)	25:21 (2nd) 0:53 (2nd)	26:21 (2nd) 1:00 (2nd)	27:48 (1st) 1:27 (1st)	29:17 (1st) 1:29 (2nd)	30:04 (1st) 0:47 (2nd)	32:42 (2nd) 2:38 (2nd)	33:15 (2nd) 0:33 (1st)						

Split times for JHI - Men\_2BC

3.63km 90m																									
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (105)	5 (106)	6 (109)	7 (110)	8 (118)	9 (114)	10 (122)	11 (125)	12 (126)	13 (127)	14 (129)	15 (131)	16 (132)	(F1)				
1st	Peter Molloy	SCO	21:53	0:00	0:37 (1st)	1:31 (1st)	2:12 (1st)	3:56 (1st)	6:50 (1st)	8:24 (1st)	10:22 (1st)	13:31 (1st)	14:46 (1st)	16:59 (1st)	17:33 (1st)	17:59 (1st)	18:48 (1st)	19:49 (1st)	20:23 (1st)	21:13 (1st)	21:53 (1st)				
	Scotland			0:00	0:37 (1st)	0:54 (1st)	0:41 (2nd)	1:44 (1st)	2:54 (2nd)	1:34 (1st)	1:58 (1st)	3:09 (1st)	1:15 (1st)	2:13 (1st)	0:34 (1st=)	0:26 (1st=)	0:49 (1st)	1:01 (1st)	0:34 (3rd)	0:50 (3rd)	0:40 (1st)				
2nd	Adam Thorp	ENG	24:22	0:00	1:10 (3rd)	2:13 (2nd)	2:46 (2nd)	5:14 (2nd)	7:59 (2nd)	9:49 (2nd)	11:53 (2nd)	15:24 (2nd)	16:43 (2nd)	19:01 (2nd)	19:35 (2nd)	20:01 (2nd)	20:56 (2nd)	22:17 (2nd)	22:50 (2nd)	23:31 (2nd)	24:22 (2nd)				
	England			0:00	1:10 (3rd)	1:03 (2nd)	0:33 (1st)	2:28 (2nd)	2:45 (1st)	1:50 (2nd)	2:04 (2nd)	3:31 (2nd)	1:19 (2nd)	2:18 (2nd)	0:34 (1st=)	0:26 (1st=)	0:55 (2nd)	1:21 (2nd)	0:33 (1st=)	0:41 (1st)	0:51 (3rd)				
3rd	Liam Cotter	IRE	29:50	0:00	1:05 (2nd)	2:24 (3rd)	3:19 (3rd)	6:10 (3rd)	9:33 (3rd)	11:42 (3rd)	14:17 (3rd)	19:19 (3rd)	21:10 (3rd)	24:04 (3rd)	24:44 (3rd)	25:16 (3rd)	26:23 (3rd)	27:48 (3rd)	28:21 (3rd)	29:07 (3rd)	29:50 (3rd)				
	Ireland			0:00	1:05 (2nd)	1:19 (3rd)	0:55 (3rd)	2:51 (3rd)	3:23 (3rd)	2:09 (3rd)	2:35 (3rd)	5:02 (3rd)	1:51 (3rd)	2:54 (3rd)	0:40 (3rd)	0:32 (3rd)	1:07 (3rd)	1:25 (3rd)	0:33 (1st=)	0:46 (2nd)	0:43 (2nd)				

Split times for JHI - Men\_2CA

3.59km 90m																									
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (106)	6 (109)	7 (110)	8 (118)	9 (114)	10 (122)	11 (125)	12 (126)	13 (127)	14 (130)	15 (131)	16 (132)	(F1)				
1st	Louis Macmillan	SCO	24:26	0:00	1:08 (1st)	2:46 (2nd)	4:10 (2nd)	5:48 (1st)	8:33 (1st)	10:17 (1st)	12:20 (1st)	15:53 (1st)	17:03 (1st)	19:26 (1st)	20:02 (1st)	20:27 (1st)	21:17 (1st)	21:51 (1st)	22:30 (1st)	23:42 (1st)	24:26 (1st)				
	Scotland			0:00	1:08 (1st)	1:38 (2nd)	1:24 (1st)	1:38 (1st)	2:45 (1st)	1:44 (1st)	2:03 (1st)	3:33 (1st)	1:10 (1st)	2:23 (1st)	0:36 (1st)	0:25 (1st)	0:50 (1st)	0:34 (1st)	0:39 (2nd)	1:12 (2nd)	0:44 (2nd)				
2nd	Scott Williams	WAL	34:43	0:00	1:18 (3rd)	4:13 (3rd)	6:30 (3rd)	9:25 (3rd)	13:22 (3rd)	16:27 (3rd)	19:14 (3rd)	23:56 (3rd)	25:29 (3rd)	28:39 (2nd)	29:22 (2nd)	29:56 (2nd)	31:06 (2nd)	31:50 (2nd)	32:35 (2nd)	34:08 (2nd)	34:43 (2nd)				
	Wales			0:00	1:18 (3rd)	2:55 (3rd)	2:17 (3rd)	2:55 (3rd)	3:57 (2nd)	3:05 (3rd)	2:47 (2nd)	4:42 (2nd)	1:33 (2nd)	3:10 (2nd)	0:43 (2nd)	0:34 (3rd)	1:10 (2nd)	0:44 (3rd)	0:45 (3rd)	1:33 (3rd)	0:35 (1st)				
3rd	Oisin Wickham	IRE	35:09	0:00	1:09 (2nd)	2:10 (1st)	4:08 (1st)	6:42 (2nd)	11:38 (2nd)	13:48 (2nd)	17:11 (2nd)	22:05 (2nd)	24:27 (2nd)	29:44 (3rd)	30:42 (3rd)	31:08 (3rd)	32:19 (3rd)	33:02 (3rd)	33:39 (3rd)	34:23 (3rd)	35:09 (3rd)				
	Ireland			0:00	1:09 (2nd)	1:01 (1st)	1:58 (2nd)	2:34 (2nd)	4:56 (3rd)	2:10 (2nd)	3:23 (3rd)	4:54 (3rd)	2:22 (3rd)	5:17 (3rd)	0:58 (3rd)	0:26 (2nd)	1:11 (3rd)	0:43 (2nd)	0:37 (1st)	0:44 (1st)	0:46 (3rd)				

Split times for JHI - Men\_2CB

3.66km 90m																									
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (106)	6 (109)	7 (110)	8 (118)	9 (114)	10 (122)	11 (125)	12 (126)	13 (128)	14 (129)	15 (131)	16 (132)	(F1)				
1st	Matthew Gooch	SCO	23:16	0:00	1:20 (1st)	2:24 (1st)	3:33 (1st)	5:15 (1st)	7:53 (1st)	9:36 (1st)	11:34 (1st)	14:48 (1st)	16:03 (1st)	18:12 (1st)	18:42 (1st)	19:05 (1st)	20:11 (1st)	21:15 (1st)	21:47 (1st)	22:27 (1st)	23:16 (1st)				
	Scotland			0:00	1:20 (1st)	1:04 (1st)	1:09 (1st)	1:42 (1st)	2:38 (1st)	1:43 (1st)	1:58 (1st)	3:14 (1st)	1:15 (1st)	2:09 (1st)	0:30 (1st)	0:23 (1st)	1:06 (1st)	1:04 (1st)	0:32 (1st)	0:40 (1st)	0:49 (1st)				

Split times for JHI - Men\_2CC

3.66km 90m																									
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (106)	6 (109)	7 (110)	8 (118)	9 (114)	10 (122)	11 (125)	12 (126)	13 (127)	14 (129)	15 (131)	16 (132)	(F1)				
1st	Felix Lunn	ENG	22:46	0:00	0:56 (1st)	1:35 (1st)	2:44 (1st)	4:25 (1st)	6:55 (1st)	8:38 (1st)	10:41 (1st)	13:51 (1st)	15:06 (1st)	17:15 (1st)	17:47 (1st)	18:11 (1st)	19:39 (1st)	20:58 (1st)	21:27 (1st)	22:10 (1st)	22:46 (1st)				
	England			0:00	0:56 (1st)	0:39 (1st)	1:09 (1st)	1:41 (1st)	2:30 (1st)	1:43 (1st)	2:03 (1st)	3:10 (1st)	1:15 (1st)	2:09 (1st)	0:32 (1st)	0:24 (1st)	1:28 (1st)	1:19 (1st)	0:29 (1st)	0:43 (1st)	0:36 (1st)				

Split times for JHI - Men\_3AAAA

4.83km 90m																													
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (114)	11 (115)	12 (113)	13 (117)	14 (119)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (127)	21 (130)	22 (131)	23 (132)	(F1)	
1st	Daniel Thomas	WAL		0:00	1:18 (1st)	3:07 (1st)	4:06 (1st)	6:18 (1st)	8:27 (1st)	11:52 (1st)	13:21 (1st)	17:30 (1st)	21:36 (1st)	23:26 (1st)	24:42 (1st)	25:30 (1st)	28:50 (1st)	29:38 (1st)	32:12 (1st)	35:25 (1st)	41:28 (1st)	42:07 (1st)	42:33 (1st)	43:33 (1st)	44:20 (1st)	45:00 (1st)	45:54 (1st)	46:19 (1st)	
	Wales		46:19	0:00	1:18 (1st)	1:49 (1st)	0:59 (1st)	2:12 (1st)	2:09 (1st)	3:25 (1st)	1:29 (1st)	4:09 (1st)	4:06 (1st)	1:50 (1st)	1:16 (1st)	0:48 (1st)	3:20 (1st)	0:48 (1st)	2:34 (1st)	3:13 (1st)	6:03 (1st)	0:39 (1st)	0:26 (1st)	1:00 (1st)	0:47 (1st)	0:40 (1st)	0:54 (1st)	0:25 (1st)	

Split times for JHI - Men\_3AABB

4.91km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (117)	11 (119)	12 (113)	13 (114)	14 (115)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (128)	21 (129)	22 (131)	23 (132)	(F1)
1st	Freddie Carcas	SCO	28:40	0:00	0:57 (1st)	2:06 (1st)	2:30 (1st)	4:17 (1st)	5:54 (1st)	7:02 (1st)	8:17 (1st)	10:53 (1st)	13:38 (1st)	16:27 (1st)	16:56 (1st)	19:03 (1st)	20:30 (1st)	20:58 (1st)	21:32 (1st)	23:35 (1st)	24:17 (1st)	24:46 (1st)	25:09 (1st)	26:17 (1st)	27:08 (1st)	27:33 (1st)	28:10 (1st)	28:40 (1st)
	Scotland			0:00	0:57 (1st)	1:09 (1st)	0:24 (1st)	1:47 (1st)	1:37 (1st)	1:08 (1st)	1:15 (1st)	2:36 (1st)	2:45 (1st)	2:49 (1st)	0:29 (1st)	2:07 (1st)	1:27 (1st)	0:28 (1st)	0:34 (1st)	2:03 (1st)	0:42 (1st)	0:29 (1st)	0:23 (1st)	1:08 (1st)	0:51 (1st)	0:25 (1st)	0:37 (1st)	0:30 (1st)

Split times for JHI - Men\_3ABAC

4.92km 90m																													
Pos	Name	Club	Time	(S1)	1 (101)	2 (103)	3 (104)	4 (105)	5 (107)	6 (108)	7 (136)	8 (109)	9 (112)	10 (113)	11 (114)	12 (115)	13 (113)	14 (117)	15 (119)	16 (113)	17 (123)	18 (122)	19 (125)	20 (126)	21 (127)	22 (129)	23 (131)	24 (132)	(F1)
1st	Ruairi Long	IRE	32:58	0:00	0:55 (1st)	2:37 (1st)	3:14 (1st)	4:56 (1st)	5:42 (1st)	7:31 (1st)	8:45 (1st)	10:05 (1st)	13:21 (1st)	16:18 (1st)	17:30 (1st)	18:17 (1st)	18:57 (1st)	21:28 (1st)	22:11 (1st)	24:32 (1st)	26:58 (1st)	28:09 (1st)	28:40 (1st)	29:04 (1st)	29:55 (1st)	30:55 (1st)	31:27 (1st)	32:26 (1st)	32:58 (1st)
	Ireland			0:00	0:55 (1st)	1:42 (1st)	0:37 (1st)	1:42 (1st)	0:46 (1st)	1:49 (1st)	1:14 (1st)	1:20 (1st)	3:16 (1st)	2:57 (1st)	1:12 (1st)	0:47 (1st)	0:40 (1st)	2:31 (1st)	0:43 (1st)	2:21 (1st)	2:26 (1st)	1:11 (1st)	0:31 (1st)	0:24 (1st)	0:51 (1st)	1:00 (1st)	0:32 (1st)	0:59 (1st)	0:32 (1st)

Split times for JHI - Men\_3BAAB

4.82km 90m																												
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (114)	11 (115)	12 (113)	13 (117)	14 (119)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (128)	21 (129)	22 (131)	23 (132)	(F1)
1st	Tom Lines	SCO	29:15	0:00	0:47 (1st)	1:40 (1st)	2:00 (1st)	3:49 (1st)	5:35 (1st)	6:42 (1st)	7:55 (1st)	11:04 (1st)	14:02 (1st)	15:16 (1st)	15:56 (1st)	16:30 (1st)	18:49 (1st)	19:24 (1st)	21:50 (1st)	23:58 (1st)	24:46 (1st)	25:17 (1st)	25:40 (1st)	26:42 (1st)	27:37 (1st)	28:07 (1st)	28:47 (1st)	29:15 (1st)
	Scotland			0:00	0:47 (1st)	0:53 (1st)	0:20 (1st)	1:49 (1st)	1:46 (1st)	1:07 (1st)	1:13 (1st)	3:09 (1st)	2:58 (1st)	1:14 (1st)	0:40 (1st)	0:34 (1st)	2:19 (1st)	0:35 (1st)	2:26 (1st)	2:08 (1st)	0:48 (1st)	0:31 (1st)	0:23 (1st)	1:02 (1st)	0:55 (1st)	0:30 (1st)	0:40 (1st)	0:28 (1st)

Split times for JHI - Men\_3BAAC

4.82km 90m																													
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (114)	11 (115)	12 (113)	13 (117)	14 (119)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (127)	21 (129)	22 (131)	23 (132)	(F1)	
1st	Ewan McMillan	SCO	32:43	0:00	0:57 (1st)	1:51 (1st)	2:16 (1st)	4:40 (1st)	6:35 (1st)	7:43 (1st)	8:56 (1st)	13:36 (1st)	16:23 (1st)	17:36 (1st)	18:23 (1st)	19:01 (1st)	22:01 (1st)	22:38 (1st)	24:42 (1st)	26:59 (1st)	28:03 (1st)	28:38 (1st)	29:02 (1st)	29:47 (1st)	30:52 (1st)	31:29 (1st)	32:19 (1st)	32:43 (1st)	
	Scotland			0:00	0:57 (1st)	0:54 (1st)	0:25 (1st)	2:24 (2nd)	1:55 (1st)	1:08 (1st)	1:13 (1st)	4:40 (2nd)	2:47 (1st)	1:13 (1st)	0:47 (1st)	0:38 (1st)	3:00 (1st=)	0:37 (1st)	2:04 (1st)	2:17 (1st)	1:04 (2nd)	0:35 (1st)	0:24 (1st)	0:45 (1st)	1:05 (1st)	0:37 (1st)	0:50 (1st)	0:24 (1st)	
2nd	Dafydd Thomas	WAL	38:16	0:00	1:31 (2nd)	2:42 (2nd)	3:08 (2nd)	5:08 (2nd)	7:13 (2nd)	8:42 (2nd)	10:01 (2nd)	14:08 (2nd)	17:52 (2nd)	19:20 (2nd)	20:31 (2nd)	21:13 (2nd)	24:13 (2nd)	24:59 (2nd)	28:51 (2nd)	31:46 (2nd)	32:49 (2nd)	33:31 (2nd)	33:58 (2nd)	34:51 (2nd)	36:09 (2nd)	36:48 (2nd)	37:40 (2nd)	38:16 (2nd)	
	Wales			0:00	1:31 (2nd)	1:11 (2nd)	0:26 (2nd)	2:00 (1st)	2:05 (2nd)	1:29 (2nd)	1:19 (2nd)	4:07 (1st)	3:44 (2nd)	1:28 (2nd)	1:11 (2nd)	0:42 (2nd)	3:00 (1st=)	0:46 (2nd)	3:52 (2nd)	2:55 (2nd)	1:03 (1st)	0:42 (2nd)	0:27 (2nd)	0:53 (2nd)	1:18 (2nd)	0:39 (2nd)	0:52 (2nd)	0:36 (2nd)	

Split times for JHI - Men\_3BABA

4.74km 90m																													
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (117)	11 (119)	12 (113)	13 (114)	14 (115)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (127)	21 (130)	22 (131)	23 (132)	(F1)	
1st	Aidan Rigby	ENG	27:00	0:00	0:44 (1st)	1:30 (1st)	1:57 (1st)	3:50 (1st)	5:26 (1st)	6:31 (1st)	7:40 (1st)	10:32 (1st)	13:23 (1st)	15:23 (1st)	15:56 (1st)	18:03 (1st)	19:11 (1st)	19:46 (1st)	20:22 (1st)	22:17 (1st)	23:13 (1st)	23:42 (1st)	24:05 (1st)	24:50 (1st)	25:25 (1st)	25:51 (1st)	26:30 (1st)	27:00 (1st)	
	England			0:00	0:44 (1st)	0:46 (1st)	0:27 (1st)	1:53 (1st)	1:36 (1st)	1:05 (1st)	1:09 (1st)	2:52 (1st)	2:51 (1st)	2:00 (1st)	0:33 (1st)	2:07 (1st)	1:08 (1st)	0:35 (1st)	0:36 (1st)	1:55 (1st)	0:56 (1st)	0:29 (1st)	0:23 (1st)	0:45 (1st)	0:35 (1st)	0:26 (1st)	0:39 (1st)	0:30 (1st)	

Split times for JHI - Men\_3BABB

4.82km 90m																													
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (117)	11 (119)	12 (113)	13 (114)	14 (115)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (128)	21 (129)	22 (131)	23 (132)	(F1)	
1st	Zac O'Sullivan-Hourihan	IRE	37:04	0:00	0:59 (1st)	1:58 (1st)	2:35 (1st)	4:43 (1st)	6:47 (1st)	8:14 (1st)	9:50 (1st)	13:55 (1st)	17:41 (1st)	20:44 (1st)	21:23 (1st)	24:08 (1st)	26:25 (1st)	27:08 (1st)	27:53 (1st)	30:39 (1st)	31:44 (1st)	32:23 (1st)	32:49 (1st)	33:53 (1st)	34:53 (1st)	35:29 (1st)	36:30 (1st)	37:04 (1st)	
	Ireland			0:00	0:59 (1st)	0:59 (1st)	0:37 (1st)	2:08 (1st)	2:04 (1st)	1:27 (1st)	1:36 (1st)	4:05 (1st)	3:46 (1st)	3:03 (1st)	0:39 (1st)	2:45 (1st)	2:17 (1st)	0:43 (1st)	0:45 (1st)	2:46 (1st)	1:05 (1st)	0:39 (1st)	0:26 (1st)	1:04 (1st)	1:00 (1st)	0:36 (1st)	1:01 (1st)	0:34 (1st)	

Split times for JHI - Men\_3BBAA

4.76km 90m																													
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (105)	5 (107)	6 (108)	7 (136)	8 (109)	9 (112)	10 (113)	11 (114)	12 (115)	13 (113)	14 (117)	15 (119)	16 (113)	17 (123)	18 (122)	19 (125)	20 (126)	21 (127)	22 (130)	23 (131)	24 (132)	(F1)
1st	Will Reynolds	WAL	32:46	0:00	0:58 (1st)	1:51 (1st)	2:11 (1st)	3:50 (1st)	4:26 (1st)	6:38 (1st)	7:54 (1st)	9:14 (1st)	12:42 (1st)	16:13 (1st)	17:31 (1st)	18:13 (1st)	18:50 (1st)	21:08 (1st)	21:48 (1st)	24:24 (1st)	27:09 (1st)	28:15 (1st)	29:04 (1st)	29:30 (1st)	30:21 (1st)	30:58 (1st)	31:29 (1st)	32:13 (1st)	32:46 (1st)
	Wales			0:00	0:58 (1st)	0:53 (1st)	0:20 (1st)	1:39 (1st)	0:36 (1st)	2:12 (1st)	1:16 (1st)	1:20 (1st)	3:28 (1st)	3:31 (1st)	1:18 (1st)	0:42 (1st)	0:37 (1st)	2:18 (1st)	0:40 (1st)	2:36 (1st)	2:45 (1st)	1:06 (1st)	0:49 (1st)	0:26 (1st)	0:51 (1st)	0:37 (1st)	0:31 (1st)	0:44 (1st)	0:33 (1st)

Split times for JHI - Men\_3BBBB

4.83km 90m																													
Pos	Name	Club	Time	(S1)	1 (102)	2 (103)	3 (104)	4 (105)	5 (107)	6 (108)	7 (136)	8 (109)	9 (112)	10 (113)	11 (117)	12 (119)	13 (113)	14 (114)	15 (115)	16 (113)	17 (123)	18 (122)	19 (125)	20 (126)	21 (128)	22 (129)	23 (131)	24 (132)	(F1)
1st	Alasdair Pedley England	ENG	29:25	0:00	1:04 (1st)	1:57 (1st)	2:19 (1st)	3:52 (1st)	4:19 (1st)	6:03 (1st)	7:15 (1st)	8:28 (1st)	11:36 (1st)	14:33 (1st)	16:43 (1st)	17:19 (1st)	19:38 (1st)	20:52 (1st)	21:25 (1st)	22:01 (1st)	24:04 (1st)	24:54 (1st)	25:26 (1st)	25:50 (1st)	26:54 (1st)	27:40 (1st)	28:17 (1st)	28:56 (1st)	29:25 (1st)
				0:00	1:04 (1st)	0:53 (1st)	0:22 (1st)	1:33 (1st)	0:27 (1st)	1:44 (1st)	1:12 (1st)	1:13 (1st)	3:08 (1st)	2:57 (1st)	2:10 (1st)	0:36 (1st)	2:19 (1st)	1:14 (1st)	0:33 (1st)	0:36 (1st)	2:03 (1st)	0:50 (1st)	0:32 (1st)	0:24 (1st)	1:04 (1st)	0:46 (1st)	0:37 (1st)	0:39 (1st)	0:29 (1st)

Split times for JHI - Men\_3CAAA

4.78km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (114)	11 (115)	12 (113)	13 (117)	14 (119)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (127)	21 (130)	22 (131)	23 (132)	(F1)
1st	Connall Whelan	IRE	30:39	0:00	1:05 (1st)	1:39 (1st)	2:49 (1st)	4:56 (1st)	6:37 (1st)	7:43 (1st)	8:50 (1st)	12:04 (1st)	14:51 (1st)	16:05 (1st)	17:01 (1st)	17:42 (1st)	19:54 (1st)	20:30 (1st)	23:06 (1st)	25:22 (1st)	26:15 (1st)	27:03 (1st)	27:27 (1st)	28:15 (1st)	28:54 (1st)	29:25 (1st)	30:10 (1st)	30:39 (1st)
	Ireland			0:00	1:05 (1st)	0:34 (1st)	1:10 (1st)	2:07 (1st)	1:41 (1st)	1:06 (1st)	1:07 (1st)	3:14 (1st)	2:47 (1st)	1:14 (1st)	0:56 (1st)	0:41 (1st)	2:12 (1st)	0:36 (1st)	2:36 (1st)	2:16 (1st)	0:53 (1st)	0:48 (1st)	0:24 (1st)	0:48 (1st)	0:39 (1st)	0:31 (1st)	0:45 (1st)	0:29 (1st)

Split times for JHI - Men\_3CAAB

4.85km 90m																												
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (107)	5 (108)	6 (136)	7 (109)	8 (112)	9 (113)	10 (114)	11 (115)	12 (113)	13 (117)	14 (119)	15 (113)	16 (123)	17 (122)	18 (125)	19 (126)	20 (128)	21 (129)	22 (131)	23 (132)	(F1)
1st	Joe Thomas	WAL	33:16	0:00	0:45 (1st)	1:21 (1st)	2:37 (1st)	4:23 (1st)	6:16 (1st)	7:29 (1st)	8:43 (1st)	12:03 (1st)	15:13 (1st)	16:38 (1st)	17:26 (1st)	18:10 (1st)	20:29 (1st)	21:09 (1st)	23:21 (1st)	25:53 (1st)	26:49 (1st)	27:26 (1st)	27:53 (1st)	29:18 (1st)	30:08 (1st)	30:46 (1st)	32:45 (1st)	33:16 (1st)
	Wales			0:00	0:45 (1st)	0:36 (1st)	1:16 (1st)	1:46 (1st)	1:53 (1st)	1:13 (1st)	1:14 (1st)	3:20 (1st)	3:10 (1st)	1:25 (1st)	0:48 (1st)	0:44 (1st)	2:19 (1st)	0:40 (1st)	2:12 (1st)	2:32 (1st)	0:56 (1st)	0:37 (1st)	0:27 (1st)	1:25 (1st)	0:50 (1st)	0:38 (1st)	1:59 (1st)	0:31 (1st)

Split times for JHI - Men\_3CBAB

4.87km 90m																													
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (107)	6 (108)	7 (136)	8 (109)	9 (112)	10 (113)	11 (114)	12 (115)	13 (113)	14 (117)	15 (119)	16 (113)	17 (123)	18 (122)	19 (125)	20 (126)	21 (128)	22 (129)	23 (131)	24 (132)	(F1)
1st	Jack Leitch	ENG	28:42	0:00	0:42 (1st)	1:23 (1st)	2:19 (1st)	3:54 (1st)	4:21 (1st)	6:05 (1st)	7:05 (1st)	8:10 (1st)	11:01 (1st)	13:43 (1st)	14:48 (1st)	15:34 (1st)	16:10 (1st)	18:35 (1st)	19:08 (1st)	21:14 (1st)	23:21 (1st)	24:17 (1st)	24:48 (1st)	25:09 (1st)	26:16 (1st)	27:06 (1st)	27:33 (1st)	28:14 (1st)	28:42 (1st)
	England			0:00	0:42 (1st)	0:41 (1st)	0:56 (1st)	1:35 (1st)	0:27 (1st)	1:44 (1st)	1:00 (1st)	1:05 (1st)	2:51 (1st)	2:42 (1st)	1:05 (1st)	0:46 (1st)	0:36 (1st)	2:25 (1st)	0:33 (1st)	2:06 (1st)	2:07 (1st)	0:56 (1st)	0:31 (1st)	0:21 (1st)	1:07 (1st)	0:50 (1st)	0:27 (1st)	0:41 (1st)	0:28 (1st)

Split times for JHI - Men\_3CBBC

4.86km 90m																													
Pos	Name	Club	Time	(S1)	1 (101)	2 (102)	3 (104)	4 (105)	5 (107)	6 (108)	7 (136)	8 (109)	9 (112)	10 (113)	11 (117)	12 (119)	13 (113)	14 (114)	15 (115)	16 (113)	17 (123)	18 (122)	19 (125)	20 (126)	21 (127)	22 (129)	23 (131)	24 (132)	(F1)
1st	Matt Fellbaum	ENG	30:06	0:00	0:56 (1st)	1:33 (1st)	2:52 (1st)	4:23 (1st)	4:59 (1st)	6:50 (1st)	8:38 (1st)	9:52 (1st)	12:42 (1st)	15:23 (1st)	17:43 (1st)	18:16 (1st)	20:32 (1st)	21:44 (1st)	22:23 (1st)	22:59 (1st)	25:04 (1st)	25:52 (1st)	26:21 (1st)	26:44 (1st)	27:31 (1st)	28:31 (1st)	28:59 (1st)	29:34 (1st)	30:06 (1st)
	England			0:00	0:56 (1st)	0:37 (1st)	1:19 (1st)	1:31 (1st)	0:36 (1st)	1:51 (1st)	1:48 (1st)	1:14 (1st)	2:50 (1st)	2:41 (1st)	2:20 (1st)	0:33 (1st)	2:16 (1st)	1:12 (1st)	0:39 (1st)	0:36 (1st)	2:05 (1st)	0:48 (1st)	0:29 (1st)	0:23 (1st)	0:47 (1st)	1:00 (1st)	0:28 (1st)	0:35 (1st)	0:32 (1st)